

LONG TERM PLANNER: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Reception will cover physical education following the foundation stage curriculum using their outdoor classroom and a variety of equipment.					
Year 1	Gymnastics Flight – bouncing, jumping and landing. Games Travelling and exploring	Dance Games Large ball skills and games	Dance Maypole Games Bat and ball skills and games. Skipping.	Gymnastics Toys Games Fielding/Striking games- aiming and stopping	Dance Handa Games Sending and receiving	Gymnastics Points and patches Athletics Running, humping and throwing
Year 2	Dance Animals Invasion Games: Invasion games	Gymnastics Balance, arches and bridges Invasion Games: Inventing games	Dance Gestures Fielding and Striking Fielding and striking	Gymnastics Rolling and rotating OAA Orienteering	Dance Country Games Sending and receiving	Gymnastics Climbing swinging jumping and landing Athletics Running, humping and throwing
Year 3	Gymnastics: Stretching, curling and arching Invasion games: Netball/Basketball	Dance Christmas Dance Invasion games: Tag rugby	Gymnastics Travelling OAA Cross Country	Dance Country dance Net/wall games: Tennis	Gymnastics- Symmetry and Asymmetry Striking//fielding: Cricket	Dance Linking actions Athletics: Running, throwing and jumping
Year 4	Dance Gestures– Celtic Dance/ Old English Dance Net/wall games: Tennis	Gymnastics Moving into and out of balances Invasion games: Hockey	Indoor athletics Contrasts in dance actions Invasion Games: Basketball	Dance Street Dance Robots Invasion Games: Football	Dance Partner sequencing Striking//fielding: Cricket	Dance Hornpipe Athletics: Running, throwing and jumping
Year 5	Gymnastics Balances Invasion Games Tag rugby	Gymnastics Balances. Val Sabin – Unit P Invasion Games Netball/Basketball	Dance Space Dance Swimming	Swimming Striking/fielding Hockey	Striking and fielding Cricket Dance Samba	Gymnastics Flight Athletics running, throwing and jumping
Year 6	Dance Theseus & Minotaur Invasion Games Football/Netball	Dance Jive *Sportshall Athletics practise Invasion Games Basketball/Hockey	Gymnastics Matching and Mirroring Invasion Games Tag-Rugby/Football	Gymnastics Asymmetric and Symmetric Invasion Games Football/Cricket	Gymnastics Counter Tension and Tension Striking/fielding Rounders/Tennis	Dance Street dance/Modern Athletics Running, throwing, jumping