



Sex and Relationship Policy



Reviewed Spring 2018

Sex and Relationship Education Policy

Section 241 of the Education Act 1993 requires all maintained schools to make and keep up to date, a written statement of their policy on Sex Education. The Children's Act 1989 states that a person who has care of a child may do what is reasonable to promote the child's welfare.

Why we teach Sex and Relationship Education in our school.

The purpose of implementing this policy is to ensure that pupils at Whiteley Primary School are provided with information on the basic biology of human reproduction and the physical, emotional and social changes that occur during puberty and adolescence.

The teaching of Sex and Relationship education will allow pupils to develop an understanding of changes to themselves and others, through exploring attitudes and feelings and appreciating a range of values. Sex and Relationship education has a vital role to play in contributing to children's personal and social development.

Aims of Sex and Relationship Education in our school.

Sex and Relationship Education should:

- Be taught in a positive, supportive and caring environment
- Present facts in an objective, balanced and sensitive manner
- Present facts within a clear framework of values
- Develop pupil's health related knowledge
- Be complementary and supportive to the role of the parents
- Incorporate the spiritual, moral and cultural dimensions of the PSHE curriculum

Objectives

- To help and support pupils through their moral and social development
- To build trust and confidence within the school, in order that pupils feel secure and able to express themselves
- Teach pupils to appreciate the value of stable, loving family life, marriage and the responsibilities of parenthood. This will include reference to same-sex relationships.
- To provide learning opportunities which allow consideration of attitude, behaviour and acquisition of skills as well as knowledge
- To allow pupils to consider the importance of self restraint, dignity, respect for themselves and others, acceptance of responsibility and sensitivity towards the needs of others
- To combat ignorance, prejudice and increase understanding in order to reduce guilt and anxiety
- To promote openness and better communications about sexual matters
- To raise awareness of influences such as the media, peer pressure and exploitation
- To regard and respect parent's views about content and presentation
- To teach to the school Sex and Relationship Education policy and scheme of work

Planning and Delivery

The Sex and Relationship Education programme will be taught through the PSHE (Personal, Social and Health and Education) and science curriculum from Years 2 to 6. *See Appendices 1 and 2.* Lessons will be delivered by teachers and on occasions by the health promotion nurses.

It is hoped that children will build trust and confidence within the school, in order that they feel secure and able to express themselves and communicate about sexual matters.

Difficult Questions

If a child asks an explicit or difficult question in the classroom, teachers must use their discretion and skill to deal with the situation. They may choose to either speak to this child individually or refer the child to their parents for advice. They are not expected to answer these questions directly.

Use of Visitors

Sex and relationships education at Whiteley Primary School is usually taught by the class teachers. The locality team may be used in Y2 to deliver some of the 'Keep Safe' work. Teachers are required to remain in the classroom when visitors are contributing to the programme.

Working with Parents

Parents will be given the opportunity to view and discuss the course content with the teachers and PSHE manager – this will be through information meetings which are held for Y5 and Y6 parents. Parents have the right to withdraw their child from any or all parts of the school's programme of Sex and Relationship Education, other than those elements which are required by the National Curriculum Science order. In such cases, parents will be invited to indicate and discuss their reasons for withdrawal, so that misunderstanding about the nature of the Sex and Relationship Education provided at Whiteley Primary School can be resolved. The impact that withdrawing from the lessons may have on the child, will also be discussed.

Progression

The planned programme of work ensures that from year to year, the information discussed reflect the maturity and age of the pupils. Subjects and issues will be covered in greater depth, as pupils move from year 2 through to year 6. Where children develop at a faster rate than their fellow pupils, the teacher will provide support and discussion time on a one to one basis.

Differentiation

Differentiation is achieved in each year group by:

- Outcome
- Task
- Adult support
- Resources
- Grouping
- Questioning skills

Assessment, Recording and Reporting

Assessment of the schemes of work will be carried out continuously by class teachers through discussions with the children as the topics are taught. Class teachers will feed back to the PSHE manager.

Inclusion

We recognise our responsibility to provide a broad and balanced curriculum for all pupils. Teachers aim to give every pupil the opportunity to experience success in learning, and to achieve as high a standard as possible by:

- Setting suitable learning challenges
- Responding to children's diverse learning needs
- Overcoming potential barriers to learning and assessment for individuals and groups of children.

Under the Education Act 1993 parents have the right to withdraw their child from any or all parts of the Sex and Relationship Education, other than those elements which are required by the National Curriculum Science order.

Resources and their Management

Resources will be used from the Science store to support work linked to life cycles.

BBC and Channel 4 Videos, and other materials to support Sex and Relationship Education will be stored with year group resources.

Curriculum support from 'The Christopher Winter Project' will also be used.

Role of the subject manager/team leader

The subject manager is responsible for:

- Ensuring there are relevant, useful resources
- Providing guidance on the Sex and Relationship Education curriculum for staff and parents
- Keeping up to date with new developments and initiatives and disseminating information amongst staff.

Professional Development

The INSET needs of the staff will be reviewed regularly and appropriate training will be planned in line with School Improvement initiatives.

Child Protection

Children may wish to confide information in the teacher. However, confidentiality should not be promised and if there is specific cause for concern about a child's welfare due to the nature of their questioning, or statements made, the child should be informed that the information they have given must be shared with other agencies. For more information, please see the child protection policy.

Monitoring, Evaluation and Review

The Sex and Relationship Education manager with the Headteacher and staff, will monitor the effectiveness of this policy and programme of work. It will be reviewed and updated in accordance with the School Improvement plan.

APPENDIX 1

Sex and Relationship Education Programme across the School

Outlined below are the units through which the sex education curriculum will be covered:

Reception- All about me

Finding out about their families and how the children have changed since they were a baby.

Year 1– Ourselves

Children need to:

Recognise that all animals reproduce young, which grow into adults and eventually die.

Look at stages of growth, including humans i.e. newborn, toddler, child, adolescent, adult (reproduce), and old age. Animals grow until they reach maturity and then don't grow further. The life cycle of a human being.

Year 2 – Keeping Safe

As part of a wider unit on keeping safe, issues regarding keeping our bodies safe are discussed, including use of a workbook devised by the Fareham Locality team. This includes identifying parts of the body which are appropriate for being touched.

Year 3 – Healthy Eating

Children need to:

Understand the importance of washing daily, that we wash our hands regularly and before food, faces twice a day, rest of our bodies once a day. Recognise that they are becoming much more independent and need to begin to remember when to wash and why.

Year 4 – Healthy Teeth

Children need to:

Make links between looking after and cleaning our teeth with looking after and cleaning our bodies.

On the Y4 residential trip, children will take part in a small mammal workshop. This may include discussion of identifying whether a mammal is male or female, using scientific names for the parts of the body and linking this to reproduction in animals.

Year 5 – Life Cycles

Children need to:

Recognise the life cycle of humans from newborn to old age. Understand how in adulthood, people may decide to have children and will reproduce. Look at the length of time humans spend at each stage of the life cycle i.e. newborn, toddler, child, adolescent, adult (reproduce), old age.

Year 5 – Puberty and Hygiene

Children need to:

Begin to recognise and understand the changes that their bodies will go through during puberty. Understand that the body changes so that one day it will be able to reproduce itself. Recognise the

importance of keeping their bodies healthy and clean. Understand the need to wash regularly, maybe use deodorant, change clothes for sports activities and keep their clothes clean. **They will revisit how to keep safe, personal space and appropriate touching.**

Year 6 – Puberty, Relationships, Conception and Birth

Children need to:

Recognise what happens to male and female bodies as they go through puberty. Understand that these changes will mean that one day they will be able to have children of their own. Recognise that their relationships with their friends and family will change as their hormones change during adolescence. Understand that a baby is made from a sperm from the father and an egg from the mother and how conception occurs. Understand how a baby develops in the womb and how it is born.

Year 6- Rights, respect and responsibility and the Law.

Children need to:

know their individual rights and responsibilities at home, in school and in the community. To gain simple knowledge about the law and understand that rules and the law are designed to protect them.

APPENDIX 2

Sex and Relationship Education Programme across the School

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R						
1	Ourselves– reproduction in animals and humans, stages of growth/life cycle					
2				Keeping safe		
3					Health and Leisure – healthy bodies linked with hygiene and keeping clean, becoming more independent	
4		Animals have different teeth to help them eat. First aid			Small mammal workshop at Stubbington Study Centre – identifying male/female animals and relating to animal reproduction.	
5				Life Cycles in humans, how the body changes in preparation for reproduction. Puberty and hygiene.		
6					Relationships, puberty, conception and birth	Rights, respect and responsibility and the Law.