## Play ideas for... outdoors!



Colour watch – when walking with your child it is a great time to spot things as part of a game. You could try colour-spotting, car-spotting, bird-spotting, bug-spotting or even number-spotting! Let your child decide. See if you can spot a new colour that you may not have seen, can you hear new bird song, can you smell any flowers or other new smells?

Make it more fun by seeing who is the first or who can see most. Or make it easier by shaking a home-made streamer when they spot something they like – these are also good for just waving to people you might see! Use whatever you have to hand – if you don't have old ribbons then strips of old wrapping paper or newspaper



Keep it simple – paper planes! Go back to basics by using up old drawings, newspaper or even make a new design for an aircraft. Folding paper is great to help strengthen hands and fingers. Children might need help to learn to make and fold these. Take them with you when you go for a walk, to test them out! Have a competition – whose plane flies the furthest?

https://www.bbc.co.uk/tiny-happy-people/paper-



Marching band – marching and singing are good for healthy bodies, having fun and feeling good! When you are going somewhere, why not have a marching band? Choose a family favourite song – maybe from school or preschool and sing as you march along.

Make it even more fun by taking instruments. Make and take a home-made shaker, then your child can follow the rhythm of the march or the song as you go along. Shake your streamers as you march! Remember when you create things for your band be creative and just recycle and use what you have around the house. Water bottles or milk cartons for shakers, cereal boxes or wrapping paper for hats!

https://www.bbc.co.uk/tiny-happypeople/rainstick/zj39y9q



## Art ideas for the summer:

https://www.teachearlyyears.com/learning-and-development/view/art-activities-for-summer

https://www.tate.org.uk/kids/make/sculpture/make-paper-sculpture

https://www.tate.org.uk/kids/make/paint-draw/draw-fairy-tale

https://www.tate.org.uk/kids/make/sculpture/make-sensory-sculpture